



SOMETHING SMELLS FISHY

AND IT COULD HELP HEAL INFLAMMATION! CHECK OUT THIS TUMERIC-LADEN RECIPE

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Germany, U.S. the big winners

Portugal, Ghana not so lucky as the World Cup rolls on

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Put down those keys!

Fans probably won't need—or want—to drive to a Red-blacks game

PAGE 3

Canadian-born man fights deportation

Legal battle. Former Ottawa resident's case before the Federal Court

DENIS ARMSTRONG
ottawa@metronews.ca

Deepan Budlakoti wants his Canadian citizenship—and his life—back.

The 24-year-old former resident of Ottawa had a Canadian birth certificate and passport until he was convicted in 2010 and sent to prison for three years for selling a hunting rifle to an undercover policeman.

Since his release, the federal government wants to strip Budlakoti of his citizenship, claiming it was issued in error, and deport him to India, where his parents are from, even though he's never been there.

Budlakoti's lawyers argued his case before the Federal Court on Monday. A decision on whether he should have his citizenship reinstated is expected to take anywhere between six to 12 weeks.

The federal government argued Budlakoti's citizenship was issued in error as his parents were still employed by the Indian High Commission when



Deepan Budlakoti is pictured outside the Supreme Court building in Ottawa on Monday. SEAN KILPATRICK/THE CANADIAN PRESS

he was born in Canada in October, 1989.

The Canadian Citizenship

Act states that anyone born in Canada is eligible for citizenship unless their foreign-born

parents are employed as diplomats, consular officers or employees of the foreign em-

bassies. Defence counsel Peter Stieda countered that Budlakoti's parents resigned from

Quoted
"It's clear, according to the (Canadian Citizenship) Act, that Deepan's a Canadian citizen. He's paid his debt and hasn't committed a crime since 2009."

Peter Stieda, defence counsel on his client, Deepan Budlakoti, who served three years in jail

the Indian High Commission in June 1989 to become Canadian citizens, four months before Deepan was born.

"The government has, in my opinion, acted arbitrarily in Deepan's case," said Stieda in an interview following final submissions.

"The discussion isn't even there about the legality of his citizenship. It's clear, according to the Act, that Deepan's a Canadian citizen."

"He's paid his debt and hasn't committed a crime since 2009. This is a case of the government widening the scope of ineligibility for citizenship so that it'll be easier for the minister to strip citizenship and deport anyone convicted of serious crimes like terrorism in the future."

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The Bank Street entrance to the Lansdowne Park work site gives a sense of why parking space is at a premium. What was once a parking lot is now crowded with buildings. CONTRIBUTED

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NEWS

Free rides for fans heading to TD Place

Pilot. Transit key to avoiding parking mayhem: OSEG, city

AMY YEE
ottawa@metronews.ca

If you want to go to a Redblacks game, or any other event at Lansdowne Park, you might as well forget about driving.

On Monday, the Ottawa Sports and Entertainment Group (OSEG) announced their plan for getting the public to and from the new TD

Place with a pilot project offering free public transit and shuttles to games.

Some 1,400 parking spots have been added to an underground lot at Lansdowne, says OSEG CEO Bernie Ashe, but those spots will only be available to premium seat holders who will receive a parking pass at the time of their ticket purchase.

"This happens in Edmonton, it happens in Winnipeg and Montreal. Those are three CFL markets where people have to use transit or shuttle services in order to get to a downtown venue because there is insufficient parking," said OSEG CEO Bernie Ashe.

Standard ticket holders who decide to drive down to the park will have to find off-site parking.

Finding parking in the Glebe will be a frustrating task, says Capital Ward Coun. David Chernushenko.

"There are other users for those spots, we have residents in those communities," he said. "We have business in those spots, too."

According to Chernushenko, several streets closer to Lansdowne have started petitions to see if residents would want to shorten street parking hours in order to discourage fans from parking for three to four hours during an event.

The plan

Here is how the transit plan for Lansdowne is supposed to work:

- Upon presenting their tickets, event-goers will receive free public transportation on OC Transpo and le Société de transport de l'Outaouais (STO) buses.
- Free park-and-shuttle services will also be made available at four locations: Carleton University, Vincent Massey Park, the R.A. Centre and Canada Post on Riverside and Heron. The shuttle routes will converge on Bronson Avenue and are expected to take 12-15 minutes.
- The plan will be put into action on July 18, the opening day of the new TD Place and the first game day for the Ottawa Redblacks at the park.

73-year-old man

Rockcliffe Airport plane crash sends man to hospital

A 73-year-old man was injured in a plane crash at Rockcliffe Airport on Monday.

Paramedics responded

to the call at just after 11 a.m. They treated the man for back pain and a minor laceration to his forehead, according to a press release.

The man was in stable condition when he arrived at the hospital.

Ottawa police and the Transport Safety Board are investigating the incident.

LUCY SCHOLEY/METRO

Construction

Bridge work to close Highway 417

Assembly of the Coventry Road pedestrian and cycling bridge will start Wednesday, temporarily closing Highway 417 and Tremblay Road June 18-21 during off-peak hours. AMY YEE/FOR METRO

Ottawa River

Emergency rescue near Deschenes Rapids

Two people fishing in the Ottawa River had to be rescued by emergency crews after their boat began heading into dangerous rapids.

The two were out on the river Sunday when they realized their five-metre boat was heading toward the Deschenes Rapids, near the spot where a man died two weeks ago.

While Ottawa crews were searching for the boat, crews from Gatineau, Que., located it and pulled it safely to shore. THE CANADIAN PRESS

New Ottawa Champions look to knock one out of the ballpark

Warm and fuzzy

mascot. New GM, other staff to be announced over the summer

DENIS

ARMSTRONG

ottawa@metronews.ca

Pro sports franchises have a few options when creating an image for their new team: They can choose a name and logo to intimidate competitors and win games, or a warm and fuzzy one to sell tickets and amuse younger fans.

Can-Am baseball league commissioner Miles Wolff and team president David Gourlay were at Ottawa Stadium on Monday to introduce the city's independent baseball team's new name. They will be known as the Champions, and a warm and very fuzzy mascot — a baseball-uniform-wearing



Ottawa Mayor Jim Watson jokingly lines up team mascot "Homer" for a line drive. AMY YEE/FOR METRO

humanoid named Homer, with big feet and a head shaped like a baseball — will rally fans.

New Jersey has the Jackyls,

Trois-Rivières has the Eagles, Rockland has the Boulders, and Ottawa has a cute character who wouldn't look out of place

on Sesame Street. (Editor's note: In fairness, rival Can-Am mascots Jack the Jackal and Boulder Bird are pretty cuddly.)

Mayor Jim Watson and city councillors Mathieu Fleury and Peter Clark were there representing the city.

Wolff said that the family-friendly image was a part of the team's commitment to building the team's brand within the community. The Ottawa Champions will play at least 50 home games per season at Ottawa Stadium, its homebase until 2025.

The city agreed to spend \$1.25 million to fix the stadium's electrical system, repair the wear and tear and do a few cosmetic fixes. It's also installing a pedestrian bridge across the 417 and is constructing a light-rail transit station near the stadium.

Wolff, who also owns the Quebec City Capitales, co-owns the Champions with Gourlay and the league. He said the owners would not make the same mistakes as when he brought the Rapidz in 2008.

"We tried to launch that team in only four months. Well, we've learned from our mistakes and are committed to success," said Wolff.

An advertisement for the Second Cup Summer Drink Festival 2014. It features a large image of a green Matcha Green Tea Frappé in a clear plastic cup with a straw. The text "SECOND CUP SUMMER DRINK FESTIVAL 2014" is displayed in a laurel wreath, with "featuring MATCHA GREEN TEA FRAPPÉ" below it. The Second Cup logo is at the bottom. The text "Savour a medium Matcha Green Tea Frappé for \$3.49*." is at the bottom in a teal box. Small print at the bottom states: "Offer valid for a limited time. At participating Second Cup cafés in Canada. Plus applicable taxes. No substitutions. While supplies last. Product selection may vary by location. Products may not be exactly as shown. ® Trademark of The Second Cup Ltd.".

Beechwood Village diversity a strength for Solstice stroll

It's tough to nail down an identity for Beechwood Village.

Its main street spans five distinct Ottawa communities — Vanier, New Edinburgh, Lindenlea, Rockliffe Park and Manor Park.

But the village association is hoping to harness that diversity and celebrate it this weekend at its second annual festival.

The Beechwood Solstice Stroll is exactly what it sounds like: a lantern-lit Beechwood Avenue will be full of artists and musicians, and the doors of businesses and restaurants will be flung open.

Local storytellers will make it family-friendly and there will be artwork for sale.

There will also be a food truck corner in the parking lot across from St. Charles Church.

"It's really a key meeting place," said Tobi Nussbaum, chair of the Beechwood Village Alliance, about the main street.

"We're an organization that really is working to try and to make Beechwood an even more dynamic street."

"The fact that it doesn't necessarily have a defining characteristic is actually a strength."

Since 2011, the community has been working to build up



Quoted

"We're an organization that really is working to try and to make Beechwood an even more dynamic street."

Tobi Nussbaum, chair of the Beechwood Village Alliance, talks about the organization's role in shaping the Beechwood community

what was lost in a major fire at a Home Hardware in the New Edinburgh stretch of the avenue. Several neighbouring shops were gutted in the blaze.

There are some condos in the works, including a Minto condo project and a Domicile

development.

Nussbaum said they are "confident and hopeful that the street will get better."

The Beechwood Solstice Stroll will take place on June 21 from 7-10 p.m.

LUCY SCHOLEY/METRO



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Giant glowing birds, robot women to descend on Bank St.

Space invaders?

Nope, it's the first ever GlowFair, coming this weekend



LUCY
SCHOLEY

lucy.scholey@metronews.ca

Glowing robot women, 30-foot-tall neon trees and giant LED-lit birds from Cirque du Soleil.

This is not the average Bank Street night scene. Or the average Ottawa festival.

But the Centretown hub will literally light up during a free two-day festival called GlowFair June 20-21.

Judith Hill, a singer who toured and performed with Michael Jackson, will headline the event. DJs including

the Grammy Award-winning Hex Hector and Spanish duo Chus & Ceballos will spin tunes and project their own visuals. Local Juno award nominees the Souljazz Orchestra will also take to the stage.

Sébastien Provost, the event organizer, said he was looking for a way to shine the spotlight on Bank Street. He was looking for something other than the "boring, run-of-the-mill" festival.

"It's really about engaging the audience in ways they hadn't been," said Provost, who's also the executive producer with the House of SAS event company. He was hired by the Bank Street Business Improvement Area (BIA) to plan a never-before-seen festival in the hip, under-40 community.

Get your glow on

GlowFair will take place at select spots along Bank Street June 20-21.

Provost, who has been in the event-planning business for more than 20 years, said he was inspired by the Shanghai International Light Festival, the Quartier des Spectacles in his hometown of Montreal and the typical nightlife in Las Vegas for this festival.

"It's just a lot of eye candy and stimulation that really blended well with music and performance art," he said. "It had never been done in Ottawa, so that's why I wanted to do it."



Judith Hill, an American singer who was featured on *The Voice*, will headline GlowFair, a free two-day festival of music, light and art being sponsored by the Bank Street BIA. CONTRIBUTED

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Hintonburg to re-enact first public screening

Hintonburg was even hip back in 1896.

In that year, people flocked to the west-end neighbourhood for a public film screening — Canada's first. It's a little-known bit of history that community members will re-enact for the Hintonburg Happening festival, which runs June 21-29.

Unlike at the 1896 screening at West End Park (now Fisher Park), there will not be an amusement park — complete with elephants — but there will be a magician to start the movie. The black-and-white film will be projected onto a screen outside the Tamarack head office.

Bring lawn chairs, but don't get too comfortable. The Kiss is only two minutes long — shorter than most Hollywood smooch scenes today. Spoiler alert: a man and a woman peck on the lips.

If you're still feeling like watching more movie magic, Raiders of the Lost Ark will be playing afterwards.

Hintonburg Happen-



The Kiss was the first film screened publicly in Canada — and it happened in Hintonburg. The two-minute film will be screened again at Hintonburg Happening on June 22. CONTRIBUTED

ing is a new festival meant to showcase the community's budding arts-and-music scene. Poetry slams, pottery demonstrations, business-window decorating and a women's drum circle will be part of the festivities.

Summer Baird, owner of the Hintonburg Public House and one of the event organizers, said the neighbourhood has really changed over 50 years. It was once a booming

area, but when the streetcar was removed, businesses left and the community started to die out.

It has seen a resurgence in the past five to eight years — with more families moving in and a more artsy vibe.

"It's very much a community," said Baird. "People really pull together. If you live in Hintonburg, chances are you don't really leave it that often." **LUCY SCHOLEY/METRO**



A Shi'ite fighter in Baghdad Monday.
KARIM KADIM/THE ASSOCIATED PRESS

No intervention in Iraq: Baird

Canada has ruled out any military participation in Iraq to help stem the tide of the rampaging Sunni insurgency.

Foreign Affairs Minister John Baird made that abundantly clear during question period Monday.

"We are committed to working with the Iraqi leadership," Baird said, before quickly adding, "I should point out that Canada has not been asked to participate in any

military effort, nor is it something we are considering."

Canada is distancing itself from the Iraqi crisis as the Obama administration in Washington continues to grapple with a response to the attacks by the al-Qaida-inspired Islamic State of Iraq and the Levant.

The militant group is on the march toward Baghdad after overrunning the mainly Sunni cities of Fallujah, Mo-

sul and Tikrit.

Canada, meanwhile, has withdrawn its only diplomat from Iraq because of the deteriorating security situation.

A Foreign Affairs spokesman said security concerns forced Canada's acting chargé d'affaires to leave Iraq on Sunday. Spokesman John Babcock said the government would reassess its diplomatic presence in Iraq on a daily basis. **THE CANADIAN PRESS**



A man observes destroyed vehicles and buildings on Monday in the town of Mpeketoni, THE ASSOCIATED PRESS

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Attack kills in Kenyan

Tourists warned off.

Islamic extremist attacks on the rise in country once viewed as bastion of stability in East Africa

The gunmen went door to door in the Kenyan town, demanding to know if the men inside were Muslim and if they spoke Somali. If the extremists did not like the answers, they opened fire, witnesses said on Monday.

Al-Shabab, a Somali group linked to al-Qaida, claimed responsibility for the hours-long assault on the coastal community of Mpeketoni, where 48 people were killed.

The attack began Sunday as residents watched World Cup matches and lasted until early Monday, with little resistance from Kenya's security forces.

After daybreak, Kenyan troops and residents stared at the bodies lying on dirt streets by still-smouldering buildings.

The attack highlights the growing incidence of Islamic

extremist violence in a country once seen as the bastion of stability in East Africa, drawing tourists from around the world.

The merciless life-or-death religious assessment recalled al-Shabab's attack on an upscale mall in Kenya's capital, Nairobi, last September in which at least 67 people were killed, some of them after not being able to answer questions about Islam.

The Interior Ministry said that at about 8 p.m. Sunday, two minivans entered the town. Militants disembarked and began shooting. At the Breeze View Hotel, the gunmen pulled the men aside and ordered the women to watch as they killed them, saying it was what Kenyan troops are doing to Somali men in Somalia, a police commander said on condition of anonymity because he was not authorized to share details of the attack.

Kenya has experienced a wave of gunfire, bomb and grenade attacks in recent months. The U.S., U.K., France, Australia, and Canada have all recently upgraded their terror threat warnings for the country.

THE ASSOCIATED PRESS



which lies about 100 kilometres from the Somali border on the coast of Kenya.

48 people community

'Sprayed them with bullets'

Man's two brothers shot as he watches

Al-Shabab says it attacked the town of Mpeketoni Sunday because of Kenya's "brutal oppression of Muslims in Kenya," including the killings of Muslim scholars in Mombasa.

"They came to our house at around 8 p.m. and asked us in Swahili whether we were Muslims. My husband told them we were Christians and they shot him in the head and chest," said resident Anne Gathigi.

John Waweru said his two brothers were killed because the attackers did not like that the brothers did not speak Somali.

"My brothers who stay next door to me were killed as I watched. I was peeping from my window and I clearly heard them speak to my brothers in Somali and it seems since my

brothers did not meet their expectations, they sprayed them with bullets and moved on," said Waweru.

Interior Minister Joseph Ole Lenku said the attackers fled into the nearby wilds, known as the Boni Forest after a "fierce exchange of fire" with security forces. He said 20 vehicles had been set on fire.

Kenya's deteriorating security situation and travel warnings from foreign embassies have hit the country's tourism sector. The region saw a spate of kidnappings of foreign tourists in 2011 that Kenya said was part of its motivation for attacking al-Shabab in Somalia.

Since those attacks and subsequent terror warnings, tourism has dropped off sharply around Lamu, a UNESCO World Heritage Site and the country's oldest continually inhabited town.

Mpeketoni is about 30 kilometres southwest of Lamu. **THE ASSOCIATED PRESS**

Lac-Mégantic

Quebec seeks damages from insolvent railway

The Quebec government is adding its name to a list of creditors seeking money from the insolvent railway company at the heart of the Lac-Mégantic train disaster.

The government said Monday that it is seeking \$409 million from the

Montreal, Maine & Atlantic Railway for expenses incurred and yet to come that stem from the July 6, 2013, tragedy, in which 47 people were killed.

The government said it has already spent \$126 million in public funds and suggests that future costs relating to the rebuilding of Lac-Mégantic could be in excess of \$283 million, warning the latter amount could change.

THE CANADIAN PRESS

Europe unaffected

Russia halts flow of natural gas to Ukraine

Russia halted natural gas deliveries to Ukraine on Monday, spurning Ukraine's offer to pay some of its multibillion-dollar gas debt and demanding upfront payments for future supplies.

The decision, coming

amid deep tensions over eastern Ukraine, does not immediately affect the crucial flow of Russian gas to Europe.

Ukraine has enough reserves to last until December, according to the head of its state gas company Naftogaz.

Previous gas disputes left Ukraine and some Balkan nations shivering for nearly two weeks in the dead of winter.

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hitchBOT the robot set to hitchhike all across Canada

This summer on a highway near you.

This robot will be programmed to be so charming that drivers will give it a ride

 **THANDI FLETCHER**
Metro in Vancouver

If you see a Wellington boot-wearing robot with garden gloves for hands on the side of the road this summer, don't be afraid to pull over.

It's only hitchBOT, the hitchhiking robot who will be attempting to bum rides across the country one car at a time. The robot, departing on its coast-to-coast journey



An artist rendering of hitchBOT, the hitchhiking robot, it will attempt to cross Canada. CONTRIBUTED

from Halifax July 27, will rely only on its hitchhiking

arm and ability to charm drivers into giving it a lift in its goal of reaching Victoria, B.C.

"It is quite cute," said Frauke Zeller, hitchBOT co-creator and assistant professor at Ryerson University. "We tried to make it cute and it's not heavy so people can lift it up."

Still in the process of being made, hitchBOT will consist of various household items, like pool noodles, a bucket, a cake saver, garden gloves and Wellies. The robot's creators hope to answer the question of whether robots can trust humans by sending it hitchhiking.

It will be placed on the side of the road where it will stick out its thumb. Follow the journey on Twitter and Instagram at @hitchBOT.

China. 'Power is being overused in the name of counterterrorism': Artist

Days after sparking a new Internet meme with photos of people brandishing their legs as guns, Chinese dissident artist Ai Weiwei said Monday that his original posting on Instagram was a statement about the overuse of power in fighting terrorism.

China is in the midst of an anti-terror campaign prompt-



On Instagram, Ai Weiwei aims his leg as a rifle. AI WEIWEI/THE ASSOCIATED PRESS

Maine

Gun tattoo and the real thing too

A man with a realistic-looking tattoo of a gun on his stomach had the real thing tucked into his waistband when he was arrested. Michael Smith, 41, told police he'd stolen prescription narcotics from a girlfriend. He was charged with stealing and his gun was confiscated.

THE ASSOCIATED PRESS

Florida

Big guy hid drugs under fat: Cops

A man who weighs 200 kilograms faces charges after Florida police say he hid cocaine and 23 grams of marijuana under stomach fat. A sheriff stopped a vehicle because the passenger wasn't wearing a seat belt. A police dog detected the drugs and Christopher Mitchell, 42, and the driver were arrested. Police also found a gun. **THE ASSOCIATED PRESS**

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Move to East Coast turns into a bad drug trip for Metro reporter

Halifax. All of Kristen Lipscombe's belongings seized when nearly \$9M worth of pot and heroin found in moving truck

 RUTH DAVENPORT
Metro in Halifax

Most Canadians who have had to relocate from one point of our vast country to another know that a big move will come with at least one glitch.

In Kristen Lipscombe's case, the glitch came in the form of nearly \$9 million worth of hash, pot and heroin hidden aboard the moving truck that picked up all her worldly goods in Calgary on June 3.

"All you can do is laugh," said Lipscombe on Monday, her first day on the job as Metro Halifax's new sports reporter. "I have to have a positive attitude and look at it as another life experience and a really good story."

Lipscombe has moved sev-



Kristen Lipscombe sits in her bare condominium in Halifax on Monday. JEFF HARPER/METRO IN HALIFAX

eral times in her life, so she wasn't entirely surprised when the truck didn't arrive in Halifax as scheduled last Thursday.

But the reason she got from the moving company the next day — Friday the 13th, no less — was a shock.

"It was literally, 'We have

some not-so-great news for you,'" said Lipscombe. "My first thought was, 'There was some sort of accident — my stuff's all over the highway.'"

In fact, Lipscombe's stuff was safely aboard the truck — but was surrounded by boxes of pot and bricks of heroin.

It was all seized at the Edmonton airport by members of the Alberta Law Enforcement Response Team, who found more drugs in a storage facility.

Five men — three from Edmonton and two from Chilliwack, B.C. — were arrested, one of whom itemized and

signed for all of Lipscombe's belongings in her Calgary condo.

Lipscombe says it's a funny story in some ways — but not in others.

"I have, obviously, individuals who shouldn't be trusted dealing with all of my personal

Quoted

"I'm concerned about my personal belongings.... I don't know how they've been handled, I don't know if all my boxes have been opened and sorted through, if they've gone through my skivvies."

Kristen Lipscombe

belongings. It's disturbing," she said.

Information has been hard to come by, but it appears Lipscombe's goods have been released, and are on their way to Halifax.

She said she has enough to get by for a few days, but is hoping it arrives sooner rather than later — and with some kind of discount.

"Moving is one of the most stressful life events ... so add on the fact that my stuff is in the middle of some drug investigation, and that's the icing on the cake," she said.

Keystone isn't everything: Clinton

Washington's long-awaited decision to approve or reject the Keystone XL pipeline should not become a symbol of the relationship between the United States and Canada, former U.S. secretary of state Hillary Clinton said Monday.

Speaking in Toronto before a business crowd of roughly 1,800 people, Clinton said the controversial project — designed to move Alberta crude oil to the Gulf Coast — has become "a proxy for everything" as proponents and critics lock horns over its fate.

"However this Keystone decision is finally made, some people are going to be very happy, relieved and think it was the right decision — and some people are going to be distraught and even angry and upset, thinking it was a terrible decision," she said.

"I do not see it, though, nor should it be a proxy for the relationship. It is, after all, one pipeline. We already have a lot of pipelines that cross our border."



Former U.S. secretary of state Hillary Clinton discusses her new book, Hard Choices, in Toronto on Monday. NATHAN DENETTE/THE CANADIAN PRESS

American approval of the pipeline has been stalled in the U.S. while the Obama administration drops hints that Canada must do more on the environment.

The TransCanada Corp. project should be part of a wider discussion on energy and the environment, Clinton said.

"I do believe that both Canada and the United States can become even richer, more prosperous, but also more environmentally sustainable by having a broad engagement over energy and climate, and not focusing everything on this one decision."

THE CANADIAN PRESS

Hillary's Hard Choices

The former first lady was in Toronto to discuss her new memoir, Hard Choices.

- Many observers were hoping she might drop a few hints on whether she plans to run in the next U.S. presidential election, but she would only say she hopes to one day see a woman in the White House.
- Clinton has insisted she hasn't decided on a second bid for the presidency but over the course of her book tour so far she has made it clear she is giving it serious consideration.
- Clinton has said she finds the prospect of running for president compelling simply because it offers her the chance to help Americans find economic opportunities that elude them.

Interns. NDP hope new bill will put end to 'Wild West' exploitation of workers

The NDP is hoping to end the "Wild West" exploitation of unpaid interns with a new bill that would cap the hours an intern can work.

The private member's bill, introduced Monday by NDP MP Laurin Liu, would grant interns the right to refuse dangerous work and offer them protection from sexual harassment.

The NDP bill is limited to federally regulated workplaces, but it's better than having no protections at all, said Andrew

Cash, who is co-sponsoring the bill with Liu.

"There's many employers that take this very seriously," Cash said. "There's very good programs set up through universities and colleges."

"But it is a bit of a Wild West out there in that ... if you are working at an internship program, you're at the whims of an employer who is not paying you. And sometimes that has turned in some cases tragic."

THE CANADIAN PRESS

Online privacy

New tool forces telecoms to disclose info they collect

Canadians concerned about online privacy have a new way to find out if their telecom provider is collecting information about them — and sharing it with third parties like government entities.

The new web tool, known as "Access My Info," helps create a formal letter which, under Canadian privacy law, telecom companies are legally obliged to respond to within 30 days, the website offering the tool says.

Canadians requesting the information fill out basic details about themselves and their telecom provider, and can do so confidentially, the website says. THE CANADIAN PRESS

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BUSINESS

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Tuesday, June 17, 2014

Starbucks brews up tuition subsidy for undergrad baristas

Job perks. Company to subsidize tuition for U.S. employees who choose online courses at Arizona State; could expand internationally

Starbucks is giving its baristas a bargain on an online college degree.

The company is partnering with Arizona State University to make an undergrad education available at a steep discount to 135,000 U.S. employees who work at least 20 hours a week. Workers can choose from 40 educational programs, and they won't be required to stay at Starbucks after earning the degree.

For freshman and sophomore years, students would pay a greatly reduced tuition after factoring in a scholar-

ship from Starbucks, ASU and financial aid, such as Pell grants. For the junior and senior years, Starbucks would reimburse any money that workers pay out of pocket.

That means employees who already have two years of college under their belts would be able to finish school at no cost.

Tuition reimbursement is a rare benefit for low-wage workers in the retail industry. In 2010, Wal-Mart Stores Inc. started offering partial tuition grants for workers at American Public University, a for-profit, online school.

Starbucks already has a program that reimburses workers for up to \$1,000 a year at City University of Seattle or at Strayer University. Starbucks says that will be phased out by 2015 in favour of the new program, which is far more generous.

THE ASSOCIATED PRESS



Wages. Canadians get paid about the same as Americans, study finds

Wage levels in Canada are generally in line with those in the United States, says an internal government study, suggesting the pay packets of Canadian workers pose no special competitive disadvantage.

The research, by Employment and Social Development Canada, found that since the 2008-2009 global financial crisis, any average differences in the two countries' wage lev-

els have largely disappeared.

Less educated Canadians earn slightly higher wages than their American counterparts, but well-educated Canadians earn slightly less.

The result appears to be a more equalized wage economy that is well-positioned internationally to compete with Canada's largest trading partner and others.

THE CANADIAN PRESS

Market Minute

DOLLAR
92.24¢ US (+0.13¢)

TSX
15,040.43 (+38.82)

OIL
\$106.90 US (-1¢)

GOLD
\$1,275.30 US (+\$1.20)

Natural gas: \$4.71 US (no change)
Dow Jones: 16,781.01 (+5.27)

Greenpeace worker loses millions on currency hedge gone terribly wrong

Greenpeace has suffered a \$5.2-million US loss on an ill-timed bet in the currency market by a well-intentioned — if reckless — employee in its finance department.

The environmental group, which is based in Amsterdam, said Monday the employee — who had bet the euro would not strengthen against other currencies in 2013, when it did — had acted beyond the limits of his authority.

Greenpeace International fired the employee, whom it did not identify, but said there was no evidence of fraud.

"Every indication is, this was done with the best of intentions but not the best of judgment," said spokesman Mike Townsley in a telephone interview from Mexico.

He said the organization was deeply concerned that the incident would offend its supporters, and apologized. Greenpeace does not accept contributions from companies or governments and is funded entirely by individuals.

Responsibility lies partly with the employee and partly

Cutting its losses

• Townsley of Greenpeace said the organization has already taken steps to strengthen financial controls to prevent such incidents in the future.

• The group said it would absorb the loss by cutting planned investments in "infrastructure" and pledged not to reduce spending on campaigns and protest actions.

external expert for advice on how to manage risks, Townsley added.

"Hindsight is 20/20, but we believe if he had followed rules and procedures this wouldn't have happened," said Townsley.

He said the employee was fired for ignoring rules, not for the loss itself, which — although sizeable compared with donor contributions — amounts to a fraction of the organization's annual revenues of around 300 million euros, or \$406 million US.

Gerald Steinberg, the president of NGO Monitor, which studies accountability at non-profit organizations, said it would be normal for a non-profit organization that large to turn to external experts to oversee at least some of the more complex aspects of its finances.

"It's big business," he said. "But what you see sometimes at an organization like this is that its ability to manage finances has lagged behind its ability to solicit and raise funds." THE ASSOCIATED PRESS

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#NOFILTER #PRENUP #BADIDEA

Recently engaged couple Alan Linic and Claire Meyer are experts when it comes to PDA: publicly displaying arguments. The pair has been documenting their fights from their shared Twitter account aptly named @WeFoughtAbout since August 2013. The feed — which now has over 21,000 followers — offers a humorous glimpse into the mundane reasons behind the couple's domestic squabbles including disagreements over television shows, haircuts and computer passwords.

While Linic and Meyer are happy to broadcast their quirky romantic quarrels to thousands of followers, most of us have a bit more restraint when it comes to sharing our personal lives online. Some couples are even going so far as to draw up formal contracts to govern what they can and can't post about each other online.

We might be living in a digital world but I think couples need to exercise a little common sense regarding social media



SHE SAYS
Jessica Napier
metronews.ca

etiquette. Uploading an unflattering photo of your fiancé to Facebook is pretty thoughtless, but it isn't exactly a relationship deal-breaker and it shouldn't require legal intervention.

And yet an increasing number of couples are turning to third-party experts to help them navigate their expectations concerning online behaviour.

New York-based attorney Ann-Margaret Carrozza appeared on a recent episode of Good Morning America to discuss the rise of social media clauses in prenuptial agreements. Customizable lifestyle contracts are designed to prevent partners from posting private, embarrassing or potentially incriminating content about one another on social networking sites.

The consequences for individuals who violate the behavioural prerequisites outlined in a prenup can range from simple punishments, like doing the dishes, to more serious penalties such as fines up to \$50,000, Carrozza said.

Whatever happened to communicating with your significant other openly and honestly? If you need to hire a professional to draw up a legally binding document to regulate what sort of content you can share about one another on the Internet, then you might want to consider whether or not your relationship is even ready for the next step.

Unless you're a Kardashian, you should understand that some parts of your private life should remain private.

Stop fretting about your fans and followers and remember that real relationships take place offline. Live-tweeting your romance shouldn't trump your partner's privacy concerns. While lawyers might be required to help negotiate some aspects of an upcoming marriage, complicated social media prenups shouldn't be one of them. Forget the hefty legal fees and just have an upfront conversation with your partner about your personal expectations and boundaries.

And remember to think twice before you Snapchat that sexy bedtime photo or tell off your mother-in-law on Twitter.

Follow Jessica Napier on Twitter @MetroSheSays



ZOOM

Rhinasseroous friends



Rhinoceros Manuela and her donkey friend hang out at the Tbilisi Zoo in Georgia on Monday. The zoo keepers tried to help Manuela by putting the donkey in the same cage. The strategy worked: The animals have been living peacefully together ever since. SHAKH AIVAZOV/THE ASSOCIATED PRESS

Bummed-out rhino cheered up by new donkey buddy

Animals in the zoo in Georgia's capital are not allowed to be lonely, even if it means they sometimes end up with rather unusual companions.

A female rhinoceros called Manuela has made friends with donkeys, after failing to hit it off with either zebras or goats, while a lion cub neglected by his mother has bonded with a puppy.

THE ASSOCIATED PRESS

Not quite lion and lamb, but pretty close

Tbilisi Zoo spokeswoman Mzia Sharashidze said Manuela got depressed after the death of her mate and became aggressive toward her caretakers.

They tried putting zebras in her enclosure, but they only returned the aggression. Then they tried goats, which ran away. But the donkeys had an instant calming effect.

Nearby, lion cub Shamba lives happily with a puppy.

THE ASSOCIATED PRESS

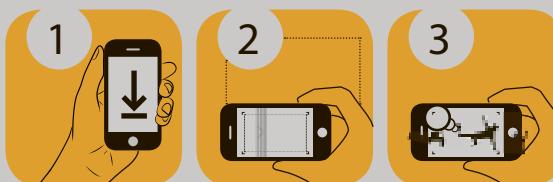
A friend in need

- Donkeys are well known on farms for having a calming effect on livestock. At weaning time a donkey can help ease the trauma of a foal being separated from its mother. The donkey has a relaxing influence on the foal and willingly takes on responsibility for its well-being. Donkeys also make good pals for grown horses recovering from injury or surgery.

SOURCE: DONKEYANDMULE.COM

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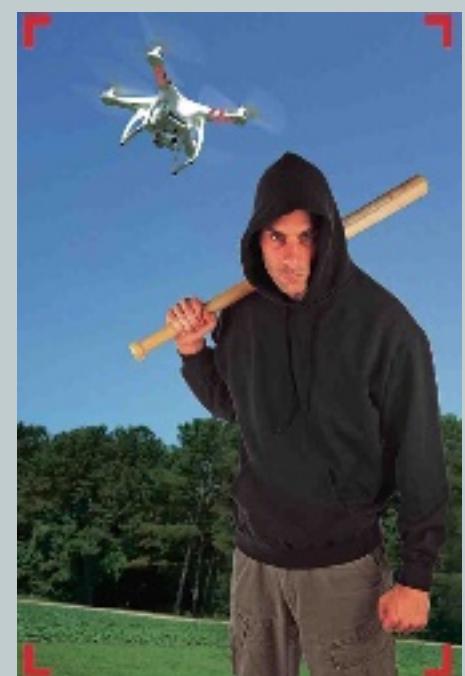
MetroTube

Drone smackdown

 **ANDREW FIFIELD**
andrew.fifield@metronews.ca

So if you're anything like us, this is the first time you've seen a hostile crowd take down a drone with whatever means available before proceeding to smash it to pieces.

But, as the skies fill with the buzz of unmanned aerial surveillance, it's pretty safe to bet that we haven't seen the last of this particular brand of drone warfare. And an arsenal of promotional T-shirts won't be an adequate weapon set for long. (Runnerazzi/YouTube)



METRO PHOTO ILLUSTRATION



The Grand Budapest Hotel

Director: Wes Anderson

Stars: Ralph Fiennes, F. Murray Abraham, Adrien Brody

• • • •

Eight features into a career of artisanal whimsy, Wes Anderson has "baked" his masterpiece with *The Grand Budapest Hotel*, one of 2014's best films. Every carefully arranged image is a visual treat and a comic delight.

Through the pink-frosted doors of the title retreat pass many familiar faces from Anderson's previous films — people like Bill Murray, Owen Wilson, Tilda Swinton, Jason Schwartzman and Bob Balaban. But the most engaging and amusing of them is new to Anderson's antics: Ralph Fiennes.

He's Monsieur Gustave H., the concierge of the Grand Budapest, a man of fastidious manner and reckless charm. Gustave's favourite guest is octogenarian Madame D. (Swinton), who adores him — and who wouldn't? But she fears treachery as she prepares to return to her grasping son Dmitri (Adrien Brody) and other ungrateful offspring.

There's an undercurrent of melancholy to *The Grand Budapest Hotel* that indicates how far Anderson has progressed from the studied irony of his early films. **PETER HOWELL**

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ARCHANGEL, I want to thank you for getting rid of the bad luck that has followed me for so long. Now, I am so happy because I met a wonderful woman, have a great job and everything I never had before. Thank you so much. — KIM

The Antlers need just a little bit of patience

FAMILIARS. Singer Peter Silberman talks how slowing down tempos helps him to be present in the moment

PAT HEALY

Metro World News in Boston

The Antlers have created a world where a cheerful mariachi horn can be right at home with classic soul chord progression and the heady dystopian plodding of Pink Floyd.

"I've been listening to Pink Floyd for so long that I'm sure it's in there in a permanent way," says singer and guitarist Peter Silberman.

On *Familiars*, the band's third official album as a multi-member concern (Silberman released several bedroom-recorded cassettes under The Antlers moniker in the beginning) the one thing that unifies all of these disparate sonic elements is patience.

"That's become my way of attempting to be present in songwriting," says Silberman of the careful pace that defines the album, "and musically, I think that playing music is a much more present activity for me, and part of the reason that I tend to lean toward slower tempos is to negate the rush to the finish line. You know how when a song starts and it's kind of catapulting towards the end of it? It's something that lately I haven't been interested in at



The Antlers' third official album as a band is called *Familiars*. **MARC LEMOINE**

all. I think you miss everything that happens in between with that approach. I enjoy patience in music and I enjoy trying to cultivate that for myself."

Silberman says that the other members of the band not only exercise patience when they're playing, but also when the singer is revising lyrics right up to the deadline. "Through the last days of recording, I was still changing words," he says.

Although he is able to keep himself at a slower tempo when recording his words, he does speed up when he speaks about it, still obviously excited to discuss the music.

Quoted

"There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly."

The Antlers' singer and guitarist Peter Silberman

"I wanted it to be the truest album, but I think reaching some sort of state of ultimate truth is kind of impossible and I learned that over the course of this," he says. "There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly. And I kind of just drove myself crazy trying to make that happen, and I got as close as I could get, but there's really no way to do it, since by nature of being human it's going to be flawed, and have pieces that don't quite fit together."

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After Gourmet, a Delicious foray into fiction

Ruth Reichl. Former editor-in-chief finds inspiration for her first novel in old letters from her food magazine days

When Gourmet magazine was shuttered after almost 70 years, editor-in-chief Ruth Reichl found an old filing cabinet that was filled with letters — mostly complaints and requests for recipes. They inspired her to write a series of fictional missives that ultimately formed the basis for her first novel *Delicious!*

"I wrote the Lulu letters in one fell swoop," said Reichl, referring to the book's 12-year-old cooking enthusiast who writes letters to chef James Beard during the Second World War. "Her voice was so real to me. I had been doing a lot of research into World War II because it's a period that interested me. I can't really explain why I did it, but I did."

After Reichl's contractual

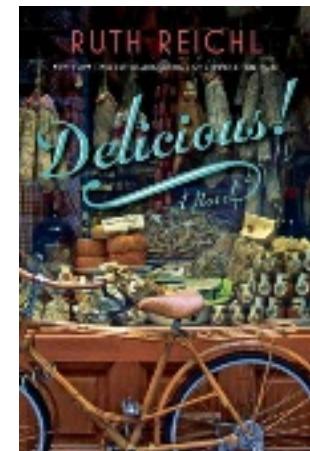


Ruth Reichl, the former editor-in-chief of Gourmet magazine, has written her first novel, *Delicious!* THE ASSOCIATED PRESS

obligation to Gourmet was complete, she "went home and cooked for a year." Then her editor suggested she write a novel. Reichl decided to draw on the letters to tell the story of protagonist Billie Breslin, who leaves her family in California to move to New York for a job at food magazine *Delicious!*

Reichl, who grew up in Greenwich Village and helmed Gourmet for 10

years, takes the reader on Billie's food journey, from the test kitchen at the magazine to restaurants to artisanal shops. Then, when *Delicious!* is abruptly shut down, Billie finds Lulu's letters — which



A ripe old forage

As part of her research, Reichl took a class on foraging, which she imagined would be a natural thing to do with war rationing.

- "It's fascinating how much wonderful edible stuff we're surrounded with that we just ignore all the time. ... The history of milkweed just kind of blew me away. The foraging teacher said it's edible in all its forms."

- "So I didn't have a problem going out and cooking with that floss and then I discovered that during World War II they actually did enlist schoolchildren to go out and gather the floss because they needed it to make life preservers because they couldn't get kapok anymore. It came from Japan."

help her understand various issues in her own life.

Reichl, who has received six James Beard awards, knew Beard personally.

She dedicates the book to Beard's assistant, Marion Cunningham, with whom she was close. "I invented Lulu, but I think if there had been a Lulu, he would have written back. He was generous to his readers and I think he would have loved this little girl."

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

AdorbZzz photo makes us momentarily forget that Kanye West is Kanye West

MELINDA TAUB
Metro World News

Kanye West's ego is dwarfed only by his talent. In everything he does — music, fashion, general celebrity-ness — he pushes himself to be the very best. So of course if Kanye West takes a nap, it's going to be the very best nap of all time.



his new wife Kim Kardashian. Kim snapped the above pic of her family, snuggled up together for a ridiculously cute Dad's Day snooze.

"This is what life is about! Our baby girl turned 1 today! We played so hard they passed out while we were watching the game! Happy Father's Day to the best daddy in the world! The way you love our daughter and protect her makes me filled with so much love!" Kim captioned the photo on Instagram.

I hope Kanye continues to make fearless, groundbreaking music. However, if he does not — if he produces nothing but, say, a coffee-table book, filled with photos of him and North napping in matching outfits, dreaming of ba-bas and rap domination — would that be so bad?



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Kristen Stewart GETTY IMAGES

Kristen wants Moore from her relationship with Demi

Kristen Stewart has her sights set on Demi Moore as a co-star and potential new BFF, according to Star magazine. "Kristen is making serious noise about befriending Demi, whom she's worshiped for years, and convincing her they should play a mother-daughter team in a new action comedy," a source says, explaining that Stewart thinks a film pairing "will help both their careers and somewhat depressing public images." Plus, it will help her attain a lifelong dream of working with the *Indecent Proposal* star. "It's been a long-held dream of Kristen's to star in a movie with Demi. She's been a fan of hers for a good 15 years and is on the hunt for a fun action role for her and Demi," the source says. "Demi's very receptive to working with Kristen, but it will all depend on what scripts she can muster."

Peace out, Potter: Radcliffe relishing life with a little less Harry

Daniel Radcliffe isn't living under the shadow of the Harry Potter franchise as much anymore, and he's thrilled about that. "People don't shout Harry Potter at me now. They tend to know my name, which is lovely," he tells *Sky Arts*.

"But I will always credit the opportunities I got from Harry Potter. I would not be a happy person if I was bitter about those 10 years of my life." Speaking of being happy, a big part of that for Radcliffe includes giving up alcohol, which he did in 2010, and dodging the anxiety being a successful child actor can bring.

"I would have benefited from not drinking as it was not making me as happy as I wanted to (be)," he says. "It is not a real pressure, but it is a pressure of living with the thought, 'Oh, what is (it with)



Daniel Radcliffe GETTY IMAGES

all these people saying I am not going to have a career? What if they are all going to be right, and will be laughing, and I will be consigned to a bunch of 'Where are they now?' lists?"



Nicole Kidman GETTY IMAGES

It appears that Kidman's girls have grown

Nicole Kidman made quite an impression on the red carpet at the *Swisse Celebrate Life* Ball in Melbourne recently, donning a Prada gown with a plunging neckline, and some are saying the Oscar-winning actress was showing off some newly enlarged assets. "It appears she has had a pretty im-

pressive breast augmentation. I suspect that she's gone from a big A or small B to a full C [cup size]," Dr. Anthony Youn, who has not treated Kidman, tells *Radar Online*. "Overall I think it looks good, although maybe a touch overdone. It's also possible she still has some swelling."

Twitter



@RuPaul

There's a difference between knowing the path and walking the path, and a difference between walking the path and sissing that walk



@ChloeGMoretz

There are a few people in this world I love :)



@Sethrogen

I think my greatest skill is my ability to memorize the layout of a tv remote so I can hit buttons without looking.



Scan the photograph below with your Metro News app to remind yourself how Shakira's hips just don't lie.

It's the workout that doesn't lie



Want a waist like Shakira? Try this workout. CONTRIBUTED

Celeb routine.

Shakira's personal trainer shows us how to banish the bulge

ROMINA MCGUINNESS
Metro World News in London

"Most people crave that V-shaped torso: that slight indentation that stops your upper body from being a straight line, which is what

you end up with if you do too many straight up crunches," says Anna Kaiser, superstar Shakira's personal trainer.

"You'll change the way that your muscles are shaped, sure, but you also need to mix it up with some cardio if you want to build strength," Kaiser says. "Also, don't think you can just do this workout and then run to the store and celebrate with a greasy treat and soda!"

Want to sculpt your waist? Do this workout five times a week — if you can!

1. SKI PLYOS

From plank position, jump both legs toward your left hand, then jump toward your right hand. That's one rep. Repeat jumping from side to side, trying to lift your hips into the air between landings. Do 10 reps.



2. SUPINE SWISS TWIST

Place a swiss ball between your legs and lie down on your back (legs extended towards ceiling). With your hands out in a T position and keeping your legs straight, lower your legs toward the floor (about halfway), and rotate the ball to the right, rotate back to centre, and then lift the legs back to the starting position. Repeat on the left. Do 10 reps.



3. JACKKNIFE WITH A TWIST

Stabilize in a plank position, with your shins on the swiss ball. Press down into the ball with your shins as you lift your hips toward the ceiling and bend your knees toward your chest. Aim your knees toward your left shoulder (twisting in your mid-section) as you finish bringing your knees toward you (feeling your obliques kick in). Return to plank and repeat on the right. Do 10 reps.



4. DOUBLE TAP OUTS

Start in a plank position on the floor. Tap your right toe out to the side at a 45-degree angle (keeping your right hip parallel to the floor). Then bend your knee and tap your right toe as close to your right shoulder as possible. Return to plank and repeat on the left. Do 10 reps.



5. TWISTING SIT UP

Lie down on your back, arms extended straight overhead on the floor. As you come all the way up to sit on your booty, lift your right knee toward your chest and twist toward the leg as you come into the seated position (arms come out to the side, spine straight). Lower back down. Repeat on the left. Do 10 reps.



6. SIDE PASSE DIP

Position yourself in a side plank, supporting your body with your left arm. Anchor your right foot on the floor, bend your left leg, and hold your left foot to your right knee (in passe). Maintaining that position, try to dip your left hip to tap the floor and come back up again. Do 10 reps.



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Your Dentist Needs to Know!



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Colourful spice gives your pan-fried fish cancer-fighting coating

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Healing inflammation never tasted so good



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Turmeric is the ingredient in most curry powders that will stain your fingers, counters and plastic containers.

It has also been intensely studied and is widely accepted as a potent anti-inflammatory food. Inflammation is believed to be at the root (Get it? Turmeric is a root!) of many diseases like arthritis, dementia and heart disease. The bottom line is that you want more of the foods that reduce the pressure of living.

Adding turmeric daily is simple. It doesn't have a strong flavour and hides itself well in other spices.

- Add a pinch to your morning smoothie, and it will go relatively unnoticed by your taste buds.
- Include it in curried egg salad,



frittatas or omelettes.

- Sprinkle into your salad dressing for lunch.
- Stir in as an invisible but nourishing addition to red or yellow soups or tomato sauces.
- Mix into spice breads, muffins or even cookies

Turmeric is available as a supplement but it is also available as a powder that can be packed manually into empty gel capsules for 1/100th of the price. Ask your doctor before adding this, though. It can enhance the efficacy of other blood thinning drugs. It is just that good!

TERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



This recipe serves four. COURTESY THERESA ALBERT

START TO FINISH
12 MINUTES

FLASH FOOD



From your fridge to your table in 30 minutes or less

Fish, no matter how you slice it, is a superior protein. What fat it contains is the omega-3 good kind that lubricates your joints. Plus it is quick to cook.

The added bonus with this Pan-Fried Turmeric Fish is

that it is "breaded" in a whole wheat/turmeric coating.

Together, they create a crispy crust that is delicious, yes, but the real benefit is that turmeric is a potent anti-cancer spice that is also making good news headlines.

1. Beat egg in a shallow bowl with 1 tbsp of water.

2. Mix together turmeric, whole wheat flour, sea salt and white pepper in a separate bowl.

3. Dredge fish in egg and then set into turmeric-flour mixture, turning to coat.

4. Warm a large skillet over medium-high heat and add butter and oil. Quickly add the coated fish.

5. Cook for 2-3 minutes and turn once to cook through for 2-3 more minutes. Set fish onto paper towel to absorb any excess fat. **TERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

Ingredients

- 1 egg
- 2 tbsp turmeric
- 2 tbsp whole-wheat flour
- 1/4 tsp sea salt
- 1/4 tsp white pepper
- 1 lb catfish fillets or other firm white fish
- 1 tbsp butter
- 1 tbsp grapeseed oil

Turn peaty whiskey into a sensational sauce

Ingredients

Potatoes

- 1/2 cup chopped dates
- 2 cloves garlic
- 1 tbsp minced fresh rosemary
- 1/4 cup Scotch whisky (a particularly peaty variety is good)
- 1/2 tsp each salt and black pepper
- 1/4 cup balsamic vinegar
- 2 tbsp melted butter
- 2 lbs small potatoes, quartered
- 2 tbsp chopped fresh mint
- 3 scallions, thinly sliced

- 1/4 cup crumbled blue cheese
- Sauce**
- 2 cups bourbon
- 3 tbsp tomato paste
- 1/3 cup natural peanut butter
- 2 tbsp soy sauce
- 2 tsp each honey and hot sauce
- 1 teaspoon each ground cumin, garlic powder, onion powder, smoked paprika
- 1/2 tsp each ground dry ginger and mustard powder

1. Heat the oven to 450 F. Line rimmed baking sheet with foil; coat with cooking spray.

2. In blender, combine dates, garlic, rosemary, whisky, salt, pepper, vinegar and melted butter. Puree until smooth.

3. In bowl, combine sauce and potatoes and mix until coated. Spread onto prepared baking sheet. Bake until browned and tender, 35 minutes. Transfer to serving dish. Sprinkle with the mint, scallions, and cheese.

Bourbon-Peanut BBQ Sauce

1. In saucepan over medium-high, whisk bourbon and tomato paste. Bring to boil and cook until reduced by half and thickened, 8 minutes. Whisk in the peanut butter, soy sauce, honey, hot sauce, cumin, garlic powder, onion powder, paprika, ginger and mustard powder. Return to a simmer and cook another 5 minutes. If a thinner sauce is desired, whisk in 1/3 cup water.

THE ASSOCIATED PRESS



This recipe serves eight. MATTHEW MEAD/THE ASSOCIATED PRESS

Tony Gwynn

Mr. Padre dies of oral cancer

Tony Gwynn, the Hall of Famer with a sweet left-handed swing who spent his entire 20-year career with the Padres and was one of the game's greatest hitters, died of cancer Monday. He was 54.

Gwynn, a craftsman at the plate and winner of eight batting titles, was nicknamed "Mr. Padre" and was one of the most beloved athletes in San Diego.

He attributed his oral cancer to years of chewing tobacco. He had been on a medical leave since late March from his job as baseball coach at San Diego State, his alma mater. He died at a hospital in suburban Poway, agent John Boggs said.

Gwynn had 3,141 hits, a career .338 average and won eight NL batting titles.

THE ASSOCIATED PRESS

Jimmy Kimmel Live

New York City mayor owning up to lost bet

The mayor of New York City was scheduled to sing I Love L.A. on Jimmy Kimmel Live to settle a Stanley Cup bet.

The Kimmel show said Mayor Bill de Blasio was also to treat a studio audience in Los Angeles to New York City hot dogs on Monday night.

He made the hockey bet with Los Angeles Mayor Eric Garcetti. THE ASSOCIATED PRESS

Michael Schumacher

F1 great out of coma, leaves French hospital

Nearly six months after sustaining serious head injuries in a skiing accident, seven-time Formula One champion Michael Schumacher left a French hospital on Monday and was transferred to neighbouring Switzerland to continue his recovery.

Schumacher "is not in a coma anymore," his manager, Sabine Kehm, said in a brief statement announcing that the German driver had left the Grenoble University Hospital, where he had been treated since his accident Dec. 29.

THE ASSOCIATED PRESS



All hail the Kings! Fans shower Stanley Cup champs with California love

Kings captain Dustin Brown carries the Stanley Cup in downtown Los Angeles on Monday. After riding nine double-decker buses and a flatbed truck during the celebratory parade, the team gathered for a rally at Staples Center, where they polished off the New York Rangers on Friday in Game 5 of the championship round. The title was the Kings' second in three seasons. Scan the image with the Metro News app to see the Kings party with the Stanley Cup.

KEVORK DJANSEZIAN/GETTY IMAGES

Spurs built to last

NBA. San Antonio in position to succeed for years to come whether Duncan retires or not

Tim Duncan conducted his postgame interview flanked by his two children. Someday soon he may decide that they, and not Tony Parker and Manu Ginobili, will be his full-time running mates.

Duncan's eventual retirement — whether it's next week, next summer, or after the next championship — probably won't end what's been a 15-year run at or near the top for the San Antonio Spurs.

San Antonio appears to be positioned to keep rolling along.

The Spurs looked better than ever in demolishing the Miami Heat in five games for their fifth championship, finishing it off with a 104-87



From left: Tony Parker, Tim Duncan and Manu Ginobili celebrate the Spurs' championship victory on Sunday in San Antonio. ANDY LYONS/GETTY IMAGES

victory Sunday that set off a horn-honking celebration that lasted deep into the night.

With good players in place and perhaps unmatched leadership at the top that will find more, the Spurs don't figure to go away, even when their big man in the middle finally does.

"I think I said it many times. There was not one season since I'm in the NBA that I really didn't truly believe that we could have won it," Ginobili said. "Every year we were up there. Sometimes we were No. 1 and we lost in the first round. Some other times we were seventh and we had a

shot at winning it.

"But playing with the teammates I've always played, coached by the guy that is coaching us, I always felt that we had a shot, and I truly never believed it was the last shot."

This probably wasn't, either.

True, the 38-year-old Duncan realizes the end is near, though won't say and perhaps doesn't know how close it is. Ginobili will be 37 next month and may be entering the last stage of his career as well.

But Parker shows no signs of slowing down.

NBA Finals MVP Kawhi Leonard looks ready for an even bigger role, and coach Gregg Popovich and general manager R.C. Buford, whom Commissioner Adam Silver called "perhaps the greatest GM-coach combination in all of sports," have shown they can find good players and make them better once they don the silver and black.

THE ASSOCIATED PRESS

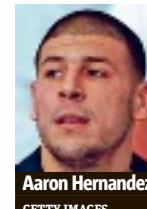
Court. Hernandez challenges evidence in murder case

Aaron Hernandez's attorneys on Monday sought to have a murder charge dismissed, saying prosecutors don't have enough evidence to tie the former New England Patriots' star to the murder of a semi-professional football player.

Prosecutors countered that they can show Hernandez was with Odin Lloyd when he was

shot and that Lloyd's killing was part of a pattern of Hernandez committing acts of violence following nightclub disputes.

Also Monday, the former tight end pleaded not guilty to charges that he attacked a handcuffed inmate and threatened to kill a guard and his family while at a county



Aaron Hernandez
GETTY IMAGES

jail in Dartmouth.

Hernandez faces murder charges in Lloyd's June 17, 2013, slaying, as well as a separate case in which he is accused of gunning down two

men in Boston in July 2012. He has pleaded not guilty in each case and is being held without bail.

Judge E. Susan Garsh will rule at a later date on the motions to dismiss the Lloyd murder charge and to suppress certain evidence gathered by the state, including cellphone records. THE ASSOCIATED PRESS

4
SPORTS

Payback. Ousted twice by Ghana, U.S. wins at last

Clint Dempsey scored one of the fastest goals in World Cup history and John Brooks scored the game winner on a header in the 86th minute of a 2-1 U.S. victory over Ghana, which had knocked the Americans out of the previous two World Cups.

Dempsey's goal came on a low shot just 32 seconds into the match. The lead held until Ghana's Andre Ayew levelled in the 82nd minute. Ayew's goal appeared to have stolen the victory from the U.S., until Brooks' goal off a corner from Graham Zusi. **THE ASSOCIATED PRESS**



U.S. forward Clint Dempsey
GETTY IMAGES

Outside the stadium

Protesters burn U.S. flag ahead of Biden's arrival

Demonstrators burned a U.S. flag near the stadium in northern Brazil where Vice-President Joe Biden was scheduled to attend the U.S. soccer team's opening World Cup match Monday evening.

THE ASSOCIATED PRESS

Anti-World Cup acts

Rio policeman caught on video shooting at protesters

Police in Rio de Janeiro are investigating the case of a policeman who appears to have fired a live round at anti-World Cup protesters, a scene caught on an Associated Press video. **THE ASSOCIATED PRESS**

The 13th game. Nigeria and Iran deliver the World Cup's first draw

Nigeria and Iran delivered the first draw of the World Cup on Monday as they ground out a scrappy 0-0 stalemate in their opening match in Group F.

The draw at the Arena da Baixada in the southern Brazilian city of Curitiba followed 12 mostly high scoring and attacking games.

After a first half in which Nigeria failed to capitalize on its dominance, chances were few and far between in the second.

Players from both sides snatched at chances, and neither goalkeeper was troubled despite some frantic late pressure in the final minutes.

THE ASSOCIATED PRESS

Gibbons may be doing something right this time



Toronto Blue Jays manager John Gibbons
GETTY IMAGES

German rout screams 'favourites' all over

Imposing 4-0.

No. 4-ranked Portugal, Ronaldo and all, easy prey for the Mannschaft's power

Thomas Mueller scored a hat trick as Germany turned on its style and power to rout 10-man Portugal 4-0 in their World Cup Group G opener on Monday.

Mueller, who scored five goals in the 2010 World Cup, was ruthless against a weak Portugal team that was clearly outplayed despite the presence of Cristiano Ronaldo.

"To score three goals in the World Cup opener against such an opponent is great," Mueller said.

With Chancellor Angela Merkel supporting in the stands, the German team celebrated its 100th World Cup match with a rousing victory that was virtually assured by halftime.

"After 20 minutes, we looked up at the clock and thought it was going to be a long day," Mueller said. "But we got into the match very well and when you lead by 2-0 in this heat and then even get the third, it was all over."

Overwhelmed

"We lost the game already in the first half."

Portugal coach Paulo Bento lamenting the 3-0 score his team took the dressing room at the end of the first half.



Germany's Thomas Mueller kicks the ball into the Portugal net to score his side's third goal during the teams' Group G World Cup soccer match at the Arena Fonte Nova in Salvador, Brazil, on Monday. **NATALIA PISARENKO/THE ASSOCIATED PRESS**

Group G

4 0

Germany Portugal

his third goal in the 81st.

Ronaldo started at Arena Fonte Nova after overcoming a knee injury. He faded after threatening early in the match, including a shot from a break that Germany goalkeeper Manuel Neuer could only block, but there was nobody from Portugal to pounce on the rebound.

"We lost the game already in the first half," Portugal coach Paulo Bento said. "We couldn't come back in the second. Germany played very well, we couldn't do anything." **THE ASSOCIATED PRESS**

well, winning the ball in midfield and then quickly attacking.

Mueller scored on either side of Mats Hummels' headed goal as Germany took a 3-0 lead at the break, and added

to be anybody different," Gibbons said in a recent interview. "I don't know if I could. We're just playing better."

"Nothing has changed. We're just playing better."

Gibbons has helped the Jays become one of the surprise stories in Major League Baseball.

"I have confidence in this team," he said. "I knew we were better than we played last year and then we felt there were some reasons we didn't play well last year and we were holding on to that fact."

"I don't think I'm doing anything differently or trying

Jays in the upswing

General manager Alex Anthopoulos stuck with Gibbons despite a 74-88 campaign in 2013. Currently the Jays hold a 41-30 record.

- Toronto made its move with a 21-9 record in May.

- Only Oakland (42) and San Francisco (43) have posted more wins.

Toronto Blue Jays manager John Gibbons was holding court with reporters in his office before a recent home game when a longtime scribe poked his head in the door.

"Gibby, are you smart again?" he joked, as the veteran skipper let out a roar.

"No, definitely not," Gibbons replied with another hearty laugh.

He may not want to take the credit, but Gibbons is doing something right this season. In a remarkable turnaround from a deflating 2013 campaign, he

Horoscopes

Aries

March 21 - April 20

You may be a bit moody today for no apparent reason. Yes, OK, certain things have not worked out the way you anticipated but it's hardly the end of the world, so keep things in perspective.

Taurus

April 21 - May 21

Why are some people so negative? It seems that the more ideas and suggestions you come up with the more reasons they find to reject them. Go it alone for a while.

Gemini

May 22 - June 21

The harder you work the less you seem to get done, which is frustrating because you can sense that time is running out. The problem seems to be that you have neglected a number of small but important details.

Cancer

June 22 - July 23

If you change something that does not appear to be working today chances are you will regret it come the weekend when the sun moves into your birth sign. You really don't need to change a thing.

Leo

July 24 - Aug. 23

Others may be talking about you – and what they are saying is unlikely to be flattering – but what of it? You are big enough and bold enough to shrug it off and keep moving forward.

Virgo

Aug. 24 - Sept. 23

If you see that a friend or relative needs help then step up to the plate and do what you can for them. Some people find it hard to ask for assistance – they think it's a sign of weakness.

Libra

Sept. 24 - Oct. 23

You are worrying about something that most other times would not bother you in the slightest – thanks to Mercury, planet of the mind, going through one of its negative phases. Snap out of it.

Scorpio

Oct. 24 - Nov. 22

It will pay you to be skeptical today, especially when dealing with people who in some way or other depend on your generosity. Whatever it is they suggest make sure the figures add up.

Sagittarius

Nov. 23 - Dec. 21

Your self-confidence could take a bit of a dive today, even though your circumstances have not changed at all. Everyone goes through a down phase once in a while, so don't attach too much importance to it.

Capricorn

Dec. 22 - Jan. 20

Ignore people who say that certain things cannot or should not be done. If you feel that a course of action is right for you then there is nothing more that needs to be said.

Aquarius

Jan. 21 - Feb. 19

It's not like you to be negative but you seem to believe that a creative activity of some kind is no longer worth the effort. You're wrong.

Pisces

Feb. 20 - March 20

A friend is clearly being economical with the truth and no doubt that makes you mad. Before you snap at them ask yourself what their motive might be. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Winnipeg: Old ___ Square
7. ___ Vegas
10. Lady's address
14. Fabric's fold
15. 'Percent' suffix
16. Moisturizer ingredient
17. Basketball legend Julius
18. Points of view
20. Mr. Wheaton
21. Planting product
23. Prefix with 'arthritis'
24. Profess
26. Almond
27. Li'l life story
28. "Buffalo Stance" by ___ Cherry
30. Beatles: "I ___ film today..."
32. Depilatory brand
36. Agnus ___ (Mass prayers)
38. Ridiculous
40. Toronto: Rogers Centre's original name
43. Formed a queue: 2 wds.
44. Hair dye brand
45. Carte du jour
46. "No thanks, ___ ___ a diet."
47. Sea lettuce
49. Not hidden
53. Capture
55. Sleeve
57. ...happily ___ after.
58. Wise-one's saying
61. Ritual site, perhaps

Down

63. Eggs, scientifically
64. Swimsuit style
66. Put into peril
68. Keep ___ profile
69. Docs
70. "It's so hot ___ ___!" (Crank up that air conditioning!)
71. ___-Air (Kitchen appliance brand)

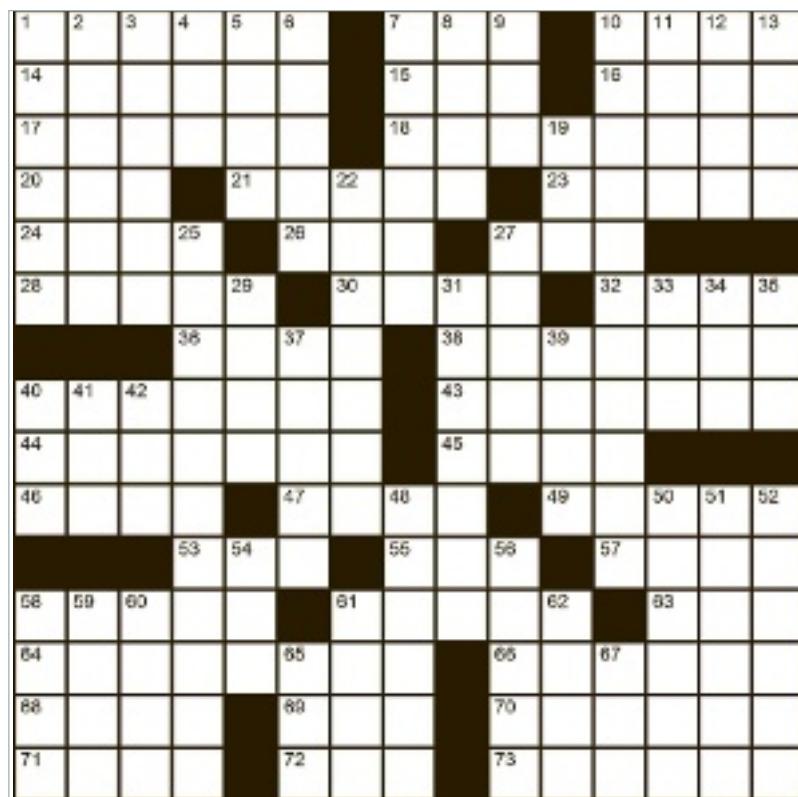
72. British poet, Henry James ___
73. Rids

Winding
5. Medieval labourer
6. Sara's songstress
sister
7. Actor Ray
8. Numerical ord. opposite
9. Six: Italian
10. Montreal's founder, Paul de

Chomedey de ___ (b.1612 - d.1676)
11. Frequently: 2 wds.
12. First-rate
13. 'Middle'-meaning prefix
19. "___, ___ insist!"
22. Canadian judge Mr. Peters on NBC's "Last Comic Standing"



See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	7	6	1	8	3	2	9	4
3	8	9	4	6	2	1	7	5
4	1	2	5	7	8	3	6	9
7	3	8	9	5	4	6	1	2
1	9	5	7	2	6	8	4	3
2	6	4	8	3	1	5	9	7
9	2	7	6	8	5	4	3	1
6	5	1	3	4	7	9	2	8
8	4	3	2	1	9	7	5	6

7	6	1	2
	6	1	5
4	1	8	9
8			2
9			4
2		5	
9	6		3
6	1	4	
3		9	5

Today

27°/17°
Variable

Wednesday

25°/14°
Variable

Know what the weather
will be 14 days from now.
Check the 14 day trend.

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SIGN
AND
GO!
(OAC)**

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**\$61
WEEKLY**

2013 Mitsubishi Lancer SE
\$14,820 • 31,483 km • Stk: # 35815



**\$165
WEEKLY**

2012 Lexus RX 350
\$39,880 • 47,165 km • Stk: # 34863 USA



**\$76
WEEKLY**

2011 Chevrolet Equinox LS
\$15,630 • 83,565 km • Stk: # 35544



**\$60
WEEKLY**

2012 Kia Forte LX
\$12,480 • 53,100 km • Stk: # 35234



**\$86
WEEKLY**

2012 Hyundai Veloster
\$17,790 • 32,348 km • Stk: # 35593



**\$38
WEEKLY**

2010 Chevrolet Cobalt LS
\$7,820 • 37,871 km • Stk: # 35792



**\$99
WEEKLY**

2012 Toyota Prius V HYBRID
\$23,860 • 47,759 km • Stk: # 35708



**\$56
WEEKLY**

2011 Hyundai Sonata
\$13,720 • 74,881 km • Stk: # 35355



**\$57
WEEKLY**

2012 Fiat 500 Pop
\$11,760 • 64,825 km • Stk: # N14289-A



**\$58
WEEKLY**

2012 Nissan Sentra xTRONIC CVT
\$11,990 • 52,050 km • Stk: # 35391



**\$52
WEEKLY**

2010 Kia Soul 2U
\$10,750 • 94,333 km • Stk: # 35166-A



**\$77
WEEKLY**

2010 Honda CR-V LX
\$15,880 • 84,557 km • Stk: # 35781



**\$82
WEEKLY**

2013 Hyundai Tucson GL
\$19,860 • 35,627 km • Stk: # 35627



**\$92
WEEKLY**

2012 Honda Accord EX
\$18,940 • 59,686 km • Stk: # 35564



**\$65
WEEKLY**

2009 Sea-Doo Jet Drive
\$10,950 • DRIVE3PLACES • Stk: # 34161



**\$52
WEEKLY**

2011 Mitsubishi Lancer DE
\$10,760 • 58,672 km • Stk: # 35319-A



**\$65
WEEKLY**

2013 Chevrolet Orlando LT
\$17,950 • 39,758 km • Stk: # 35196



**\$65
WEEKLY**

2012 Toyota Yaris LE
\$13,480 • 43,978 km • Stk: # 35328



**\$53
WEEKLY**

2012 Chevrolet Malibu LS
\$12,830 • 68,729 km • Stk: # 35196



**\$53
WEEKLY**

2010 Suzuki SX4
\$10,950 • 100,385 km • Stk: # 35620

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